SFET South Farnham Educational Trust	PSHE Subject Knowledge Organiser		
	Autumn	**Year 6**	**Strands covered: RSHE Relationships/Health and Wellbeing**

What prior knowledge should students have?

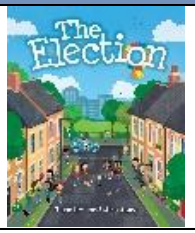
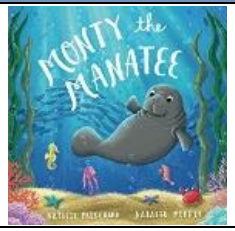
- To reflect on personal strengths, qualities, and values.
- To make informed decisions that support a healthy lifestyle and positive well-being.
- To understand how to contribute effectively as part of a team and participate in democratic decision-making.
- To understand how to stay safe and respond appropriately in situations involving fire.
- To identify potential risks in different situations and choose safe, responsible actions.

Key Vocabulary	Definition
Bullying	Behaviour that hurts someone else. It includes name calling, hitting, pushing, spreading rumours, threatening or undermining someone
Parliament	Is the legislature, or law-making group in the government of the United Kingdom
Negotiation	To bargain or come to an agreement with another person
Emergency	A serious, unexpected and often dangerous situation, which requires immediate action
Trusted adult	Someone that you have a good relationship with and has your best interest in mind

What skills will students learn? (Disciplinary Knowledge)

- Explain ways to work with others to help make the world a better place.
- Identify and apply skills to keep myself emotionally healthy and to manage stress and pressure.
- Identify strategies to communicate effectively in situations that are stressful or risky.

What key knowledge will be taught? (Substantive Knowledge)

- Understand how to manage money responsibly by budgeting, saving, and recognising the difference between needs and wants.
- Learn about the different roles people play in the community and how working together helps create a safe and supportive society.
- Develop the ability to resolve disagreements fairly through listening, compromise, and effective communication.
- Understand how laws are made, the role of Parliament in democracy, and why rules are important for maintaining fairness and safety.
- Know how to stay safe in different situations and what to do in an emergency, including how to seek help and basic first aid awareness.
- Recognise different types of bullying and peer pressure, understand their effects, and know strategies to respond confidently and seek support.

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