

 South Farnham School <i>The Continual Pursuit of Excellence</i> Part of the South Farnham Educational Trust	PE Subject Knowledge Organiser		
	Summer Term	Year 6	Volleyball

What prior knowledge should students have?

- Pupils can play continuous games, selecting appropriate shots to the given scenario and position of the ball on the court.
- Pupils can work collaboratively with a partner and evaluate their performance.

What skills will students learn? (Disciplinary Knowledge)

- Pupils will improve their techniques of volleyball shots (set, dig, serve and smash)
- Pupils will be introduced to blocking a spike at the net and when it can be used within a match.
- Pupils will start to serve overarm and apply this within a match situation.

What key knowledge will be taught? (Substantive Knowledge)

- Children will understand the basic rules of volleyball and apply them to a game situation.
- Children will know how to serve, set and volley in a game situation.
- Children will understand the importance of communication in volleyball and how you need to work as a team to be successful.
- Children will understand how the blocking technique is vital to the game of volleyball and how it can make a team successful.

Key Vocabulary	Definition
Set	In volleyball, a set is a precise pass intended for a teammate to hit the ball towards the opponent's court with an offensive attack. A good set will be high in the air, near the net, and easy for the teammate to spike (hit powerfully).
Dig	A dig is a defensive maneuver in volleyball where a player uses their forearms (elbows out, platform formed with hands) to control a hard-driven or spiked ball and prevent it from touching the ground on their side of the court. The goal is to keep the ball in play for your team to set up an offensive attack.
Serve	The serve is the action that starts each point in volleyball. The player throws the ball in the air and hits it over the net towards the opponent's court. In this unit, students will be focusing on the underhand serve, where the ball is tossed underhand and hit with a closed fist.
Smash (Spike)	A smash (also called a spike) is a powerful offensive hit used to drive the ball down into the opponent's court with the intention of making it difficult for them to control or return the ball.

Volleyball shots

