

Our Senses

Your body is very clever – it is always working hard to help you learn about the things around you.

There are five main senses that your body uses everyday...



Taste

We use our mouths and tongues to taste food and drinks. We can tell if things taste bitter, salty, sweet or sour. Everyone has foods they like and foods they dislike!

People have approximately 8000 taste buds on their tongue!

Children have more taste buds than adults. Taste buds are found on each side of the tiny bumps on the tongue.



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Which foods do you like the taste of?

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What tastes do you not like?

Smell

We use our noses to smell things. Noses can detect things that smell nice, such as flowers and cakes baking in the oven. However, noses can also detect nasty smells, such as a rubbish bin or old socks! As people age, their sense of smell declines! The sense of smell improves when you are hungry.

Which smells do you like?

Which smells are not nice?

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Sight

We use our eyes to see things. We can see things that are near to us and things that are far away. Some people wear glasses to help them see things more clearly.

Eyelids help protect and clean the eye. On average we blink about 10 times per minute when we are fully awake.

What things have you seen today?

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Can you see your friends smiling at you?

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Hearing

We use our ears to hear sounds. Some sounds are loud and some are quiet. For example, fire alarms are loud, but someone whispering is quiet. Even when you are sleeping, your ears will be busy listening to hear what is going on around you. Some people use hearing aids to help them hear more clearly.

The ear contains 3 main areas including the outer ear, middle ear and inner ear.

Sound waves from the air enter the outer ear. The outer ear funnels the sounds to the ear canal in the middle ear.

What sounds have you heard today?

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Were they loud or quiet?

Touch

We mainly use our hands to touch and feel things. However, the skin all over your body can feel things too. We can tell if things are hot or cold, hard or soft, tickly or prickly and lots, lots more. The largest organ in the body is the skin! We feel pain to help protect our body. In can be one of the strongest memory we have. Pain helps us to learn not to repeat activities that might hurt us.

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Vhat would a sea shell feel like?

What would a teddy bear feel like?

Which senses have you used today?



https://sciencewithkids.com/sciencefacts/facts-about-the-senses.html

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