# **Development since Infancy**

Your task this week is to create a project to show how humans grow and develop from babies into children and then adults. For each age range below, you will need to draw a picture of a human at this age and then explain what they can do independently and what they need someone to help them with. If you want to, you could use photographs of yourself at each age and see how you have grown!

#### Baby (0-1 year old)

What could you do by yourself when you were a young baby?

What did you need somebody to help you with when you were a young baby?

# Toddler (2-3 years old)

What could you do by yourself when you were a toddler?
What did you need somebody to help you with when you were a toddler?

# Young Child (4-6 years old)

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What could you do by yourself when you were a young child?

What did you still need somebody to help you with when you were a young child?

#### Older Child (7 years old - now)

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What can you do by yourself now you are an older child?

What do you still need somebody to help you with now you are an older child?

#### Teenager

Once you are a teenager, what do you hope you will be able to do more independently?

What do you think you will still need help with?

### Adult

Draw a picture of yourself as an adult and then write a short paragraph to describe what your hopes are for adult life. E.g. what job would you like to have? Where would you like to live etc.

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